



Technical Regulations Mountain Bike

Anhee, Belgium
05 – 13 May 2018

Updated: 08 February 2018

1. EVENTS

Mountain Bike competitions will comprise the following events:

- Cross-Country Olympic **XCO**
- Team Relay **XCR**
- Marathon **XCM**
- Eliminator **XCE**

2. PARTICIPANTS

2.1. Age Eligibility

XCO, XCR and XCE: All cyclist competitors who reach the age of seventeen (17) in the same year as the Competition. Example: Competition in **2018** the athletes must be born in **2001 or before**.

XCM: All cyclist competitors who reach the age of nineteen (19) in the same year as the Competition. Example: Competition in **2018** the athletes must be born in **1999 or before**.

2.2. Number of Cyclists

Each National Federation may enter a maximum number of five (5) men and five (5) women competitors.

2.3. A fine of EURO €20 is levied on each non-starting athlete with the exception of those presenting a doctor's declaration that he/she should not be allowed to start.

3. REGISTRATION

3.1. Preliminary Registration

The preliminary registrations with an indication of the participation in the championships must be submitted to the EDSO Representative no later than **05 June 2017**. [Not less than one (1) year before the competition.]

3.2. Final Entry

The final entries with an indication of the probable number of athletes in each event must be submitted to the EDSO Representative no later than **05 November 2017**. [Not less than three (3) months before the competition] Such submissions will be made via official online registration form or telefax followed by the official registration form.

3.3. Name Registration

The name Registration with the names of each athlete indicating event entered must be submitted to the EDSO Representative no later than **05 April 2018**. [Not less than one (1) month before the competitions.] Such submissions will be made via official online registration form or telefax followed by the official registration form.

3.3.1. No changes or additional entries will be accepted after **05 April 2018**.

4. COMPETITION RULES AND REGULATIONS

4.1. Technical Organisation

EDSO is responsible for the technical organisation of the Mountain Bike competitions.

4.2. Committees

4.2.1 Technical Committee:

The technical committee will be composed of the EDSO Technical Director and members appointed by the Organising Committee:

Martin Larch	EDSO Mountain Bike Technical Director
Ota Pansky	EDSO Representative
<i>will be announced</i>	UCI Representative
Jan Van Den Braembussche	Sports Liaison Officer
Nicolas Rettmann	Deaf Representative

4.2.2 Protest Committee:

The Championship Protest Committee shall consist of:

Ota Pansky	EDSO Representative (Chair – NO VOTE RIGHT)
Martin Larch	EDSO Technical Director
Jan Van Den Braembussche	Head Referee
<i>will be announced</i>	UCI Representative

4.3. Competition Rules

The Mountain Bike competitions will be conducted in accordance with the Rules and Regulations of the UCI version 2017. In case of disagreement in the interpretation of the Rules and Regulations, the English text shall prevail. Unforeseen incidents not covered by the Rules and Regulations shall be dealt with as follows:

- 4.3.1. Cases of a general nature will be resolved in accordance with EDSO Regulations, EDSO General Technical Rules and this Mountain Bike Technical Regulations.
- 4.3.2. Technical questions related to competition rules shall be resolved according to the UCI Rules and Regulations.
- 4.3.3. Only athletes who comply with the EDSO Regulations are entitled to take part in the EDSO Mountain Bike competitions.

4.4. Competition Equipment

- 4.4.1. All equipment and implements used during competitions will comply with the UCI Rules and Regulations.

4.5. Competition Clothing

- 4.5.1. Competitors must wear clothing with their national colours, duly registered and published according to UCI Rules. Participants must observe the regulations contained in the EDSO Regulations regarding advertising on clothing, etc., in the Stadium areas. Competitors are obliged to wear a crash helmet. Competitors are participating at their own risk, in training and in competition.

4.6. Draw

The draw for all events will be conducted in accordance with UCI Rules and Regulations. The Technical Committee will be responsible for the grouping of competitors and for the drawing of lots.

4.7. Competition Plan

- 4.7.1. The Cross Country **XCO** mountain bike event shall be between 4km and 6km in length and must be repeated multiple times. The number of rounds will be decided by the team meeting.
The duration of EDSO format **XCO** Cross Country race shall be 1 hour 20 minutes minimum and 1 hour 40 minutes maximum for men race and 1 hour minimum and 1 hour 15 minutes maximum for women race.
- 4.7.2. The Cross Country Marathon **XCM** track for women has a length of 35km and an elevation of 400m; for men it has a length of 67km and an elevation of 1.450m.

4.7.4. The circuit for a cross-country **XCR** Team Relay event shall be between 3 and 5 km in length, and must be repeated two times by every competitor, for a minimum distance of 6 km and maximum of 10 km.

Each Team must be formed of three (3) competitors (**2 men and 1 woman**).

However the following substitutions shall be permissible:

- **1 man and 2 women**
- **3 women**

4.7.5. XCE Four cross is an elimination event where four riders (called a heat) compete side by side on the same downhill course.

The duration of the race **XCE** Four Cross must be between 30 seconds and 60 seconds.

4.8. Officials

4.8.1. Referee

The referee shall be fully qualified and certified by the UCI. The referee shall act in concert with the EDSO Technical Director. However, in matters concerning the interpretation of the UCI Rules, the referee's decision shall be final.

4.8.2. Appointment

The Organising Committee shall appoint an appropriate number of referees and judges.

4.8.3. Commissaries

The Technical Committee may serve as commissaries or appoint some others among the qualified persons present.

5. VENUES

5.1. Competition Venue

The Mountain Bike competitions XCR and XCO will take place in Warnant.

The Competition XCE will take place in Anhee Center (along the river *Meuse*).

The Competition XCM will take place in Centre Sportif (Rue du Petit Bois 3, 5537 Anhée).

5.2. Training Venue

The training venue is the same as the competition venue.

6. SCHEDULE

6.1 Competition Schedule

Refer to the competition schedule on the hosting competitions website.

www.deafsport.be/fr/ECMOUNTAINBIKE2018

6.2. Training Schedule

Refer to the training schedule on the hosting competitions website.

www.facebook.com/deafmtb18

6.3. Technical Meeting

6.3.1. Date and Location

The technical meeting will be held at Race Office in the hotel Les Jardins de la Molinee (Rue de la Molinee 1, 5537 Anhée).

For **XCR** on 06 May 2018 at 20:00

For **XCE** on 07 May 2018 at 21:30

For **XCO** on 09 May 2018 at 20:00

For **XCM** on 11 May 2018 at 10:00

6.3.2. Attendance

Each participating National Federation may be represented by two (2) officials, of whom at least one (1) must be deaf and, if necessary, an interpreter.

7. CONTROL AND SANCTIONS

7.1. Hearing Devices

The use of any hearing devices(s)/amplification or external cochlear implant parts is strictly forbidden from the restricted zone area.

7.1.1. Restricted Zone Area

The restricted zone area is in effect from the time athletes ride his/her bike around the park during the warm-up and competition period.

7.1.2. Violation and Penalty

When this rule is violated, the rider shall immediately be stopped and the offending rider will be disqualified from the event. Refer to ICSD [Audiogram Regulations](#), 8: Violations and Penalties.

8. PROTESTS

8.1. Procedure for lodging a protest

All sport related protests will be resolved in accordance to the UCI Rules and Regulations and will be managed by the Mountain Bike Protest Committee. Any official protest must be submitted in writing in English on the Official EDSO Protest Form. The form must be given to the EDSO Technical Director with EURO €50 within twenty (20) minutes after official posted results.

- 8.1.1.** The EDSO Technical Director will decide whether the protest is sporting related eligibility related. The Mountain Bike Protest Committee will review all sport related protests, and the EDSO Executive Committee will review all eligibility protests. The deposit of EURO €50 will be returned to the appellant only if the protest is considered valid.

8.2. Procedures for reviewing a protest

The Mountain Bike Protest Committee will meet in the Technical Director's office at a time decided upon by the chairperson of the committee.

- The EDSO Representative will be the chairperson of the committee.
- The Sports Liaison Officer (SLO) will be responsible to book the meeting room and interpreters.
- The Sports Liaison Officer (SLO) will contact all committee members to inform them of the meeting time and location.
- The EDSO Technical Director will be responsible for liaising with the State Sports Association's Competition Manager.
- The Sports Liaison Officer (SLO) will be responsible for informing the hosting Deaf Sport Federation and the EDSO Technical Director will be responsible for informing EDSO Executive Committee about the protest and also the outcome of the protest.

To be filled in by Technical Director when the details are become available